

Building bonds

FAMILY



■ Main picture, SMA Every Step Panel Of Experts. Six-month-old Isabella Hodgins, left and nine-month-olds Emily Eyres and Harry Johnston celebrate the launch of the 'SMA Every Step Panel of Experts' with the Every Step Panel, from left, Money Doctor John Lowe, midwife and ante-natal expert Susan MacNicholas, family psychotherapist John Sharry and nutritionist Anne Sidnell.

The SMA Every Step Panel is an independent advisory panel designed to offer support and information to parents in Ireland at every step of the parenting journey.

■ For more information, or to pose a question to the Every Step Panel visit www.rollercoaster.ie/smaeverystep