

ily resource centre programme delivered value for money support for families across Ireland.

En Curran said if any changes were made to the programme or agency, the Family Resource Centre forum must be consulted

psychiatric problems. "Taking away funding from these centres will put people under even more pressure," he said.

# Trim midwife slotted as guest on TV3's 'The Morning Show'

TV3 is to feature an antenatal classes initiative being run by Trim midwife, Susan MacNicholas, next week.

A registered general nurse and midwife, who worked for many years in the Rotunda Hospital, Dublin, Mrs MacNicholas herself is a mother of three young children and set up a one-day antenatal class and postnatal home-visit service in Trim in 2007. This was after realising that many couples living in the Dublin commuter belt, whilst attending the hospitals for their pregnancy, wished to take the antenatal classes provided in

the hospitals, but found it difficult to do so due to the pressures of traffic, parking and co-ordinating time off in both partners' workplaces in order to attend the classes.

She set up 2As1 Antenatal Classes & Postnatal Home Visits and which provides one-day intensive classes for couples at weekends in Trim Castle Hotel, private classes for individuals/couples and refresher classes in the locality. In late 2008, the same service was extended to Clontarf Castle Hotel in Dublin and now 2as1 Antenatal cater for approximately 1,000 clients

per annum.

Recently, Mrs MacNicholas was appointed to be the independent midwifery advisor on the Every Step Panel of Experts – an advisory panel sponsored by SMA Nutrition, designed to provide mentorship across a broad range of issues which affect expectant couples and parents on a daily basis.

The initiative has gained widespread media coverage in the past number of weeks, and now TV3 is to dedicate an entire week of 'The Morning Show', hosted by Martin King and Sybil Mulcahy, to the initiative

